Policy Guide

MyHEALTH Health & Accident Insurance Policy

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In reliance upon the statements made in the proposal for insurance which is considered a part of this insurance policy, and in consideration of the premium paid by the Insured, and subject to the general conditions, insuring agreements, exclusions and attached endorsements of this insurance policy, the Company agrees to the covered persons as follows:

Please Note: This is an English Translation Only. The Original Thai Terms & Conditions are the Only Legally Binding version

I DEFINITIONS

Words or expressions to which specific meanings have been attached in any part of this Policy or of the Schedule shall bear such specific meanings wherever they shall appear.

- 1. ACCIDENT: An event which happens suddenly from external means giving rise to a result which is not intended or anticipated by the covered person.
- 2. AIDS: Acquired Immune Deficiency Syndrome caused by the Human Immuno-deficiency Virus (HIV) infection including opportunistic pathogenic infection, Malignant Neoplasm or infection or any illness that reveals an HIV (Human Immunodeficiency Virus) positive blood test. Opportunistic pathogenic infection is also including but not limited to Pneumocystis Carinii Pneumonia, Organism or Chronic Enteritis, Disseminated Viral/ Fungi Infection, Malignant Neoplasm including but not limited to Kaposi's Sarcoma, Central Nervous System Lymphoma and/or any severe diseases known that are caused by AIDS or sudden death, illness or disability. AIDS includes HIV, Encephalopathy (Dementia) and viral epidemics.
- 3. ACTIVE CANCER TREATMENT: A range of active treatments intended to control or cure the cancer. This also includes the initial consultation with the Oncologist and any associated diagnostic scans and tests.
- 4. ASEAN : Brunei; Cambodia; Indonesia; Laos; Malaysia; Myanmar; Philippines; Singapore; Thailand; Vietnam
- 5. ASSISTED CONCEPTION: The use of medical technology to increase the number of eggs during ovulation or to bring a human sperm and an egg, or eggs, close together, thereby increasing the chance of conception. This includes but is not limited to Intra-uterine insemination (IUI), In vitro fertilization (IVF), intracytoplasmic sperm injection (ICSI) or the use of any form of treatment to induce or increase ovulation.
- 6. BEHAVIORAL OR DEVELOPMENT DISORDER: A disability classified in categories F50 to F98 of the International Classification of Diseases 10th Revision (2010 version).
- 7. BENEFIT SCHEDULE: A schedule which sets out the amount of maximum benefits for the respective insured.
- 8. CLAIM POLICY: A policy on international long-term health insurance which covers illness and diseases, bodily injury which will end no sooner than the effective date in respect of the insured and a copy thereof provided to the Company at the time of application must have the coverage equivalent to and based on the criteria acceptable to the Company at the time of application.
- 9. CLINIC: Any medical center which provides medical services without any overnight patients and which holds a license or is registered as a "clinic" under the law in the locality where services are provided.
- 10. COMPANY (WE, US, OUR): The company that issues this insurance policy, LMG Insurance Public Company Limited
- 11. COMPLICATIONS OF PREGNANCY: Acute nephritis, nephrosis, cardiac decompensation, missed abortion, ectopic pregnancy, puerperal infection, eclampsia, toxemia, or hydatidiform mole. It also includes a condition whose diagnosis is distinct from pregnancy but is adversely affected or caused by pregnancy, and which requires confinement or surgery prior to the full term of pregnancy to avoid the threat of permanent damage to the life or health of the mother.
- 12. COMPLEMENTARY MEDICINE: Any treatment of injury or illness by a licensed practitioner of the art of healing in the locality where services are provided in the field of Thai traditional medicine or Chinese medicine or Chiropractic treatment or other fields than the modern medicine.
- 13. **CONFINEMENT**: Any patient who has a medical necessity to be admitted for treatment in a hospital or a medical center for medical treatment of injury or illness for a consecutive period not less than 18 hours, and who must be registered as an in-patient, and includes any admitted in-patient who subsequently passes away before a lapse of 18 hours.
- 14. **CONGENITAL CONDITION**: Any condition classified as a congenital anomaly in the International Classification of Diseases 10th Revision (2010 version).
- 15. COVERED PERSON: The Insured and/or the Insured's dependant(s) who are named in the policy schedule.
- 16. CUSTODIAL OR MAINTENANCE CARE: A treatment which is
- a. For personal needs, comfort or convenience for which specialized medical training or skills are not necessary; or
- b. To maintain, rather than improve, a physical or mental function, or to provide a protected environment, including physician-prescribed bed rest.
- 17. **DENTAL TREATMENT :** Evaluation, diagnosis, prevention, and surgical or non-surgical treatment of diseases, disorders and conditions of the oral cavity, maxillofacial area and the adjacent and associated structures.
- 18. **DEDUCTIBLE**: The deductible is the amount of money the policy holder will pay in an insurance claim before an insurance provider pays any expenses.
- 19. **DENTIST**: A Dentist is a licensed physician whose practice is in the field of dentistry Specializing in the diagnosis, prevention and treatment of diseases and conditions relating to the oral cavity.
- 20. DEPENDANT: Dependants of the Insured who are named in the policy could be either of the below
- i. Spouse/partner of the Insured
- ii. legal unmarried children of the Insured or of the spouse up to the age of 19 for all or part of the period of insurance, or, if a full time student and primarily dependent on you for support and maintenance while a full-time student, under 23 years of age for all or part of the period of insurance.
- 21. **DIAGNOSTIC SCANS AND TESTS**: Medically necessary tests and procedures prescribed by an attending physician to investigate the cause and nature of symptoms of a disability. Limited to the following tests and scans unless otherwise stated on the benefits schedule: laboratory tests and pathology, CT scan, PET Scan, MRI, ultrasound, ECG, endoscopic exams, and x-ray.
- 22. **DISABILITY**: Symptoms, illness or injury, or any of its complications. In the case of injury, it means all injuries arising from the same event or series of contiguous continuous events.
- 23. EFFECTIVE DATE: The date on which the period of insurance in respect of any insured person commences under this policy.
- 24. **EMERGENCY:** a sudden change in health condition of the insured which necessitates medical intervention or urgent surgery to avoid permanent damage to the insured's life or health
- 25. EMERGENCY ASSISTANCE PROVIDER : APRIL Assistance
- 26. **EXPENSES**: Costs you incur during the period of insurance for a medically necessary service and for which fall within the categories of benefits shown on the benefits schedule.

- 27. EXTERNAL PROSTHESIS: An artificial body part prescribed by an attending physician as part of treatment relating to a disability covered by this policy.
- 28. FULL MEDICAL UNDERWRITING: Means that you must provide us with a detailed medical history on the Full Medical Underwriting Application Form to enable us to decide whether to accept/decline your application or whether we need to apply any specific exclusions or loadings to your policy.
- 29. FRAUDULENT CLAIM: any insurance fraud for benefits under the Insurance Policy or presentation of false evidence in support of a claim, including any intention to cause injury or illness for making claims
- 30. GENERAL SERVICE RATE: the rate of medical service fees or medical treatment fees of a hospital or a medical center where the insured receives the medical treatment, which is not relatively higher than other patients who receive medical treatment in that hospital or medical center at the same time.
- 31. HEREDITARY CONDITIONS: Is a genetic condition that occurs or could occur as a result of inheriting a gene from your parents that increases your risk of developing that particular condition. It does not include cancers where the hereditary condition is not causing other symptoms.
- 32. HOME COUNTRY: The country that issues the passport or identity document of the insured per the list of names in the application or as advised to the company, according to the terms on material changes for any dependents without a passport and for this purpose, the term "home country" refers to the insured's home country.
- 33. HOSPICE OR PALLIATIVE TREATMENT: A program of medical, psychological, social, and spiritual care provided to persons who has been diagnosed with a terminal illness. Treatment must be prescribed by a physician and provided by a hospital or institution licensed by the competent medical authorities of the country in which care is provided and which, in providing care, is practicing within the scope of its license. Hospice or palliative treatment costs may only be claimed under the hospice or palliative treatment section of the benefits schedule if available.
- 34. **HOSPITAL :** any clinic licensed by the medical authority of the country where it is situated to provide care and treatment to patients and casualties as bedridden patients, with:
- a. procedures for full diagnosis, treatment and surgery; and
- nursing services throughout 24 hours by licensed professional nurses and under the physician's care; which is not a mid-level clinic or medical center or mental health center, elderly care center or a facility primarily dedicated for treatment of alcohol or drug addicted.
- 35. HOSPITAL ROOM AND BOARD : Room type and board level including general nursing care, subject to the following accommodation levels as stated on the benefits schedule.
- 35.1 STANDARD PRIVATE ROOM: A class of room type that has one (1) patient bed per room with an en-suite bath or shower room. Standard private room does not include a suite.
- 35.2 SEMI-PRIVATE ROOM: A class of room type which has two (2) patient beds per room and a shared bath or shower room, whether both beds are occupied or not.
- 35.3 WARD: A class of room type that has three (3) or more patient beds per room, whether all beds are occupied or not.
- 36. ILLNESS: Physical symptom and abnormality resulting from a disease
- 37. INJURY: A Bodily injury which is caused directly and solely from an accident and is independent from other causes.
- 38. **INSURED**: The person(s) named as the insured in this schedule or the application for the insurance and/or the insurance renewal certificate and/or the endorsement(s) of the insurance policy (if any).
- 39. INTENSIVE CARE UNIT: A unit dedicated to the constant, monitoring or care of critically ill patients. This unit also includes facilities for the resuscitation of patients. This definition also includes a coronary care unit which has facilities not less comprehensive than those described above.
- 40. INTERMEDIARY: The authorised agent, broker or financial advisor who arranged the cover and is acting on the behalf of the Client.
- 41. INTERMEDIATE CARE FACILITY OR NURSING HOME: A place dedicated to providing support services for individuals requiring medical, nursing, or custodial or maintenance care in a residential setting.
- 42. KIDNEY DIALYSIS: Hemodialysis and peritoneal dialysis. Kidney dialysis expenses may only be claimed under the kidney dialysis section of the benefits schedule if available.
- 43. MAJOR DENTAL TREATMENT: Surgical removal of impacted, buried, or unerupted teeth/roots or odontoma; treatment of disorders of the temporomandibular joint (TMJ); orthodontics; dental implants; root canal therapy or apicoectomy; dentures (new/repair of old); crowns and bridges; treatment by a dentist of illnesses of the oral mucosa and directly related laboratory tests or pathology services; antibiotics or medicines for pain management for which a prescription is required for purchase and which have been prescribed by a dentist; periodontics, deep oral prophylaxis or root planning.
- 44. **MEDICAL APPLIANCES :** The following items and their accessories only when prescribed by a physician for an eligible disability : cranial helmets, nebulisers, oxygen pumps, masks, hearing aids, corrective splints, insulin pumps, infusion pumps, glucose monitors, lancets, orthotics/orthopedic braces, supports, tracheo-esophageal voice prosthesis, arch supports, diabetes consumables and ostomy supplies.
- 45. **MEDICAL CENTRE:** a place provided for the practice of the art of healing or the practice of medicine and public health under the governing laws in locality where services are provided.
- 46. MEDICAL CHECK UP: Consultations and tests that are undertaken without any clinical signs or symptoms being present.
- 47. **MEDICALLY NECESSARY :** Possessing an identifiable relationship to either a covered disability or symptom(s) of a disability which if existing would be covered under the policy. It refers to necessary and appropriate medical treatment, services or supplies, i.e. :
- a. a therapeutic service required to treat or prevent damage to life or health where you have an illness or injury;
- b. a diagnostic service to determine whether therapeutic services are necessary, where you have active symptoms, the cause of which are unknown, but which are suggestive of an illness or injury, or
- c. A treatment or service required for reasons other than the comfort or convenience of you or physicians.

The term "appropriate" shall mean taking patient safety and cost effectiveness into consideration. It also includes the appropriateness of the type of service (outpatient/daypatient/inpatient) based on the standard of medical practice. When specifically applied to inpatient request, we reserve the right to decline an inpatient stay for a procedure or treatment that is commonly prescribed as outpatient/daypatient.

48. **MEDICAL TREATMENT**: the provision of medical and public health services for the purpose of diagnosis, treatment, relief, care and recovery of the capability necessary for health and the living.

- 49. **MEDICINES AND DRUGS :** Medicines and drugs for which a physician's prescription is required for purchase, and which have been dispensed by a physician's office or by a licensed pharmacist
- 50. **MENTAL AND NERVOUS CONDITION :** Any condition classified as a mental and behavioral disorder in the International Classification of Diseases 10th Revision (2010 version).
- 51. MINOR DENTAL TREATMENT: Dental checkup; fillings; inlays and onlays; routine tooth cleaning, scaling, and prophylaxis (including when done by an oral hygienist); simple extractions; and application of sealants.
- 52. MOBILITY AIDS: Air boots, crutches, canes, walkers, manual wheelchairs and non-motorised knee scooters.
- 53. **MORATORIUM :** Under moratorium policies, any pre-existing or related medical condition which occurred or was treated within a 24 month period prior to your effective date or has one of the following characteristics will be excluded from cover :
 - Was foreseeable
 - > Clearly presented symptoms and had signs or symptoms and were aware of the condition
 - You have received treatment for or sought medical advice for the condition or a related condition (including medical checkups)
 - > To the best of your knowledge you were aware you had
 - Requires monitoring according to generally accepted medical advice or opinion These conditions may be covered after you have had continuous cover with us for 24 months during which you have not had any symptoms, sought advice, needed or received any medication, treatment for the pre-existing condition or any related condition. If the pre-existing condition recurs, then once you have completed a 24 month period where none of these apply, the medical condition may then be considered for coverage.
- 54. NAMELIST: A section of the policy identifying the covered persons insured under this policy.
- 55. **NEONATAL DISABILITY**: A disability which existed during the neonatal period, and any disabilities directly or indirectly associated. Includes preterm birth and any congenital conditions/symptoms which are diagnosed by medical professionals and the parents have been made aware of during the neonatal period.
- 56. NEONATAL PERIOD: The period between birth and either the 28th day of life or the 15th day following discharge from hospital (dates inclusive), whichever is later
- 57. NURSE: A qualified health-care professional licensed to practice in the medical nursing profession by law.
- 58. NURSING SERVICE FEE: Hospital expenses for nursing services providing by a registered nurse whilst the Covered Person(s) is admitted in the hospital.
- 59. ORAL HYGIENIST: A licensed dental professional, registered with a dental association or regulatory body within their country of practice, they may be requested to render services such as cleaning and anesthesia, under the direct supervision of a dentist.
- 60. CHRONIC DISEASE: a medical condition or illness that exists for a long time or endlessly as diagnosed and concluded by a physician's opinion.
- 61. CHRONIC CONDITION: a disease, illness or injury with any of the following descriptions:
 - Being required to be followed up continuously or on a long-term basis via consultation, medical checkup and/or testing;
 - Being required to be controlled or mitigated continuously or on a long-term basis;
 - Being required to undergo rehabilitation or special training to handle such condition;
 - Being a disease, illness or injury that persists endlessly;
 - Being incurable by any known treatment;
 - Reoccurring or being likely to reoccur.
- 62. LOSS OR DAMAGE: any bodily injury of the insured by an accident, which causes the insured to lose life, organ, sight or to sustain any disability or injury
- 63. ORGAN TRANSPLANTATION: Transplantation of a cornea, kidney, heart, liver, lung or bone marrow from one human to another.
- 64. **OUTPATIENT :** a person who receives medical treatment in a clinic, hospital outpatient department, or emergency room or undergoes a procedure without the need (according to medical necessity) to be accommodated in a hospital bed.
- 65. PANEL NETWORK : Medical providers that form part of a network who are listed as panel network providers in the current Outpatient Direct Billing network list.
- 66. **PERIOD OF INSURANCE :** The period starting at 00:00 a.m. Thailand time on the first day shown on the policy cover page and ending at 11:59pm Thailand time on the last day shown on the policy cover page. If an insured person has been added to the policy mid-year, it means the period shown on the namelist in respect of that insured person. If this policy is renewed, the effective date shown on the renewal endorsement will be first day of the new period of insurance.
- 67. PHYSICIAN: An individual who holds a degree in medicine and a license to practice medicine under the law in the locality where services are provided.
- 68. **PHYSIOTHERAPY**: Treatment of a disability by physical methods such as manipulation and mobilisation, Transcutaneous Electrical Neural Stimulation, heat treatment, and exercise rather than by drugs or surgery. Treatment must be performed by a qualified physiotherapist, other than someone related to you by blood, marriage or adoption, acting within the scope and training of the physiotherapy discipline and who, if required or permitted to be licensed or registered by the laws of the place where service took place, is licensed or registered in that place.
- 69. **POLICY :** The Schedule, benefits schedule, general terms and conditions, general exclusions, insuring agreement, attachments to the Insurance Policy, application for insurance, insurance renewal certificate, special conditions, covenants and endorsements of the Policy, and summary of conditions, insuring agreement, exclusions of the Insurance Policy, which form a part of the insurance agreement.
- 70. POLICY YEAR: A period of one year from the first inception date and the subsequent annual anniversary thereafter.
- 71. **POST HOSPITALISATION BENEFITS :** Physician consultation fees, diagnostic scans and tests, medicines and drugs, physiotherapy, rental of mobility aids ordered/prescribed by a physician following confinement and used as a direct consequence of the disability which led to confinement.
- 72. **PRE-AUTHORISATION**: Means the determination by us that a service is medically necessary and appropriate, including consideration of the need for the proposed level of care and the availability of alternatives.

73. PRE EXISTING CONDITION: Any disability:

- a. Which existed before the period of insurance and which presented signs or symptoms of which you were aware or should reasonably have been aware of; or
- b. For which you have sought or received treatment, medication, advice or diagnosis in the two (2) years before the period of insurance; or
- c. Which you knew to exist before the period of insurance and whether you sought or received treatment, medication, advice, or diagnosis for it.
- 74. **PRE HOSPITALISATION BENEFITS :** Physician consultation fees, diagnostic scans and tests, medicines and drugs used as a direct consequence of the disability which led to confinement.
- 75. PRE TERM BIRTH : Birth of a living child before 37 weeks of pregnancy are completed.
- 76. **PROFESSIONAL FEES**: Surgeon's fees, anaesthetist fees, dietician fees, general nursing fees, physiotherapist fees, speech therapist fees and attending physician fees.
- 77. **RECONSTRUCTIVE SURGERY**: Surgery performed to improve the function or appearance of abnormal structures of the body caused by a disability or injury.
- 78. **REFERRAL**: A dated, written letter or note from an attending physician prior to commencement of treatment identifying the disability to be treated and the reasons for treatment.
- 79. SPECIALIZED PHYSICIAN / SPECIALIST: A physician who holds a diploma or certificate as specialist in a particular field from the Medical Council or an equivalent institute under the law in the locality where services are provided, provided that he/she must not be the primary physician, but a physician who provides consultation, care or treatment in association with the primary physician
- 80. STANDARD OF MEDICAL PRACTICE: Criteria or guidelines for medical treatment of injury or illness according to the technical basis in line with the standards in the locality where services are provided, as follows:
- a. Professional standards and applicable professional regulations;
- b. Medical center standards;

d.

- c. Standards of medicine and medical appliances;
 - Non-discriminatory patient treatment practice
- 81. SUDDEN ILLNESS OR INJURY : Either
 - + a disability occurring completely and exclusively during the first 30 travel days of any trip outside your area of cover; or
 - a disability existing prior to a trip outside your area of cover which had not required any advice (other than routine follow-up), treatment or any new/ changed medication in the 30 days prior to the time you commenced your journey

In the case of an injury, the accident must occur during the trip in which treatment is obtained. Sudden illness or injury does not include any disability of which symptoms existed prior to the start of the trip and which would have caused a person to seek medical care, this does not include pregnancy or complications of pregnancy.

- 82. SURGERY: Medical treatment under the definition of major surgery, minor surgery and day surgery which performed by a physician.
- 83. SURGICAL IMPLANTS: A device or devices which are surgically implanted to form a permanent or long-term part of the body but does not include external prosthesis.
- 84. TERMINAL ILLNESS: An illness that is approaching its final stages, will lead to death and for which treatment can no longer be expected to cure.
- 85. **TERRORISM**: An act, including but not limited to the use of force or violence and/or the threat thereof, of any person or group(s) of persons, whether acting alone or on behalf of or in connection with any organization(s) or government(s), committed for political, religious, ideological or similar purposes including the intention to influence any government and/or to put the public, or any section of the public, in fear.
- 86. **TRAVEL DAYS**: Successive 24-hour periods between the time you first arrive at an international border of a country outside your country of residence, and the time you next arrive at an international border of a country within your area of cover
- 87. USUAL COUNTRY OF RESIDENCE: The country where the insured spends most of the time during the period of insurance.
- 88. UNITED STATES OF AMERICA (USA): The United States of America, including its territories, comprising 50 states, a federal district, five major self-governing territories and islands.
- 89. WAR: Including the use of military force of any sovereignty for economic objectives, geographical objectives or nationalism as well as political, race, religious or any other objectives.
- 90. YOU, YOUR: The policyholder and/or his or her dependents named on the namelist.

II GENERAL PROVISION

1 Insurance Agreement

This insurance agreement issued by the Company relies on the declaration of the Covered Person in the insurance application, health certificate or additional declarations (if any) that the Covered Person has signed as a precondition of the insurance agreement. Therefore, the insurance policy was issued by the Company.

In the event that the Insured knowingly makes false statements or fails to disclose true statements without informing the Company in advance; and the Company is aware of such information, the Company has the right to increase the premium or void the policy according to clause 865 of civil and commercial code.

The Company shall not deny acceptance of responsibility except where there has been material misrepresentation in the aforementioned documents submitted by the applicant.

2 No Dispute or Objection to the Validity or the Insurance Agreement

The Company shall not dispute or object to the validity of this Insurance Policy when this Insurance Policy is effective while the insured remains alive for a period of two years or longer from the effective date of this Insurance Policy, or the insured has taken out the Insurance Policy with the Company for a consecutive period of at least two years, or the date on which the Company approves any additional benefits under this Insurance Policy, whichever is later. Should the Company approve any additional benefits, the Company may dispute or object to the validity of this Insurance Policy only in respect of such additional benefits.

Should the Company become aware of any ground to revoke the Insurance Policy under clause 1 but have not exercise such right to revoke this Insurance Policy within one month from the date such ground is known, the Company may no longer revoke the validity of this Insurance Policy in this case.

The Company shall not rely upon any facts other than those provided by the insurance application as the basis of challenge or objection to the validity of the Insurance Policy under clause 1 and clause 2.

The Company shall not dispute or object to the validity of this Insurance Policy in the event where the insured suffers from an injury caused by accident, in which case, the Company shall pay such benefits under this Insurance Policy to the extent that the Company has received a claim for compensation under this Insurance Policy. Upon the Company's approval for such payment of benefits for the occurrence of that accident, the coverage under this Insurance Policy shall cease from the day following the date of such claim under this Insurance Policy, and the Company shall refund the premium to the insured, less such part of the benefits under the insuring agreement which has been paid for that injury during the coverage period in proportion, while the premium in respect of the other coverages which have not yet been paid shall be fully refunded by the Company.

3 Validity and Amendment of the Insurance Agreement

This Insurance Policy, including the insuring agreement and its attachments, shall altogether form the insurance agreement, and any amendment to the insurance agreement shall require the Company's consent and must be recorded in this Insurance Policy or any attachment to be valid.

4 Free Look Period

Should the insured wish to cancel this Insurance Policy for any reason, the insured may return the Insurance Policy to the Company within 30 days from the date of receipt of the Insurance Policy from the Company, and the Company shall refund the remaining premium less the health checkup fees as actually incurred and the Company's expenses at the rate of THB 500 per copy within 15 days from the date on which the Company has received such request for cancellation of the Insurance Policy. Should the insured have exercised any right of claim for compensation, the insured shall not be entitled to cancel the Insurance Policy under the general terms and conditions, Clause 25 Cancellation of Insurance Policy

5 Co-Insurance and Deductibles

All eligible expenses will be settled after the deductible and any co-insurance percentage have been applied. If three or more members of your family suffer injury in the same accident while covered under this policy, we will pay expenses after deducting only one deductible, which shall be the largest of the deductibles which would have otherwise applied.

6 Where Are You Covered?

- 6.1 This plan covers services rendered within the area of cover stated in the benefits schedule.
- 6.2 Services rendered outside the area of cover will be subject to the limits for Out of Area Cover shown on the benefits schedule, be covered only if they are directly caused by sudden illness or injury occurring during the first 30 travel days of any trip outside the area of cover. This section does not apply to any trip if the below applies:
- 6.3 commenced or continued against the orders or advice of any physician or other medical practitioner; or undertaken in whole or in part for the purpose of obtaining medical care.
- 6.4 In the event you are hospitalised outside the area of cover on the 30th travel day for a covered sudden illness or injury, provided notice of such hospitalisation has been given to us prior to that date, and subject otherwise to the terms and conditions of this policy governing termination of benefits, coverage under section 6.2 shall be extended until such time that you no longer require hospitalisation for the disability

7 Who is Covered?

You and your dependants whose names appear on the namelist.

8 Period of Cover

The minimum initial period of insurance is twelve months.

9 Premium Payment and Insurance Commencement

9.1 Annual premium payment

- 9.1.1 The annual premium payment shall be due and payable by the insured immediately or before the coverage will start, and the coverage will start on the date specified in the Schedule and/or the insurance renewal certificate.
- 9.1.2 For the premium payment in the renewal year, the insured shall pay the premium within 30 days from the expiry date of the Insurance Policy in the preceding year as specified in the Schedule, and the Company shall not reset the period of exercising the right to object to the validity of the insurance agreement, the pre-existing condition, and the waiting period. (if any)
- 9.1.3 Should the insured fail to pay the premium for the renewal year within the specified period, it shall be deemed that the insured does not wish to renew the Insurance Policy, and as such, the coverage under this Insurance Policy shall cease on the expiry date of the period of insurance as specified in the Schedule.

10 Misrepresentation of Age or Gender

Insured and Company can agree for premium payment type as follows:

- 10.1 the Company received the premium less than what it should have been, the Company shall pay the compensation equal to the coverage amount of which the previously paid premium can buy for the correct age or gender. If the correct age is not within the normal accepted risk for this insurance, the Company will not pay the benefit but will refund the paid premium.
- 10.2 if the premium received by the Company is more than the premium charged for the correct age and gender, the Company will refund the excess premium. However, this refund will not be calculated back to the expired policies.

11 Renewal of the Policy

This Insurance Policy may be renewed on the anniversary of the Insurance Policy year lifetime without any evidence required, provided that should the Company agrees to renew the Insurance Policy, the Company reserves its right:

- 11.1 to adjust the premium rate as appropriate to the insured's increasing risk level and age, whereby the adjusted premium shall fall within the range of the premium rates approved by the registrar; and
- 11.2 to change the underwriting conditions and the coverage conditions of the Insurance Policy in the renewal year as necessary, and the Company shall inform the insured of such change, addition, or extension of any coverage of the general terms and conditions, exclusions, insuring agreement, attachments, or others which are material to the Insurance Policy.
- 11.3 The Company reserves the right not to renew the Insurance Policy in any of the following events:
- 11.3.1 In the event where there is evidence that the insured does not provide the truth in the insurance application or the reinstatement application, the health condition declaration and any other additional statements relating to the health insurance policy, which are material to the extent that the Company may charge a higher premium or refuse to issue the insurance agreement or underwrite a conditional insurance.
- 11.3.2 The insured claims any benefits for treatment of injury or illness without any medical necessity.

In the non-renewal of the insurance agreement for the foregoing reason, the Company shall give prior written notice thereof to the insured by registered mail or by other means to which the insured has given consent, at least 30 days prior to the date on which the coverage under this Insurance Policy shall cease as specified in the Schedule and/or the insurance renewal certificate and/or the endorsement(s) (if any). The general terms and condition regarding renewal on the anniversary of the Insurance Policy year under this Clause II shall not apply to the insuring agreement for medical treatment in hospital or medical center (in-patient).

12 Premium adjustment

In case of renewal, the Company reserves the right to adjust the premium in accordance with the age and risk profile of the covered person(s), and the premium adjusted must be within the approved rate by the Insurance Commissioner. The Company must also give prior written notice to the Insured.

13 Changes or Upgrade of Benefits during policy year or after policy expired in each year

Should there be any upgrades of the benefits for any covered person under this policy during the policy year or at the time of the policy renewal, the new higher benefits will be effective on the first day of the following months after the date that the Company has been informed of the change. The following conditions will also apply:

- 13.1 If the covered person is sick or injured prior to the change, then the old benefit limit still applies
- 13.2 Any diseases or injuries for which benefits have already been paid prior to the upgrade will continue to be paid under the old benefit entitlement. This also applies to any conditions which have not been excluded from the Policy but existed prior to the upgrade and for which the covered person has not yet received treatment.

The Insured must submit a request to the Company for a change or upgrade of the benefit, and it will be effective once the Company agrees to it.

14 Termination of Contract

- 14.] The coverage for the Insured is terminated if any of the following incidents occur or whichever comes first:
- 14.1.1 When the insured fails to pay the premium of this Insurance Policy within the specified period in the general terms and condition, Clause 9 Premium Payment and Insurance Commencement, it shall be deemed that the coverage under this Insurance Policy shall cease on the last day on which the premium previously paid is able to purchase the coverage.
- 14.1.2 On the expiry date of the period of insurance as specified in the Schedule and/or the insurance renewal certificate in the Insurance Policy year.
- 14.1.3 When the insured passes away for any cause not covered or is imprisoned in jail or prison, the Company shall return the premium to the insured or the beneficiary, as the case may be, less the premium for the effective period of this Insurance Policy in proportion, unless the Company has fully paid all items of the benefits to the maximum amount per the Insurance Policy year (if any) as specified in the Schedule and/or the insurance renewal certificate or the benefits schedule.
- 14.1.4 When the insured or the Company terminates the Insurance Policy under the general terms and conditions, Clause 25 Cancellation of Insurance Policy.

- 14.1.5 When the Company does not renew this Insurance Policy under the general terms and condition, Clause II Renewal of the Policy, on the anniversary of the Insurance Policy year, provided that the Company shall give prior written notice thereof to the insured by registered mail or by other means to which the insured has given consent, at least 30 days prior to the date on which the coverage under this Insurance Policy shall cease as specified in the Schedule and/or the insurance renewal certificate and/or the endorsement(s) (if any).
- 14.2 The respective items of the coverage under this Insurance Policy shall cease when the Company has fully paid the maximum sum insured as specified in the Schedule and/or the insurance renewal certificate in respect of such coverage, in which case, the Company shall continue to provide such coverage until the end of the period of insurance only for the sum insured in respect of the remaining other coverage.
- 14.2.1 This Insurance Policy and all insurance under this Insurance Policy shall end at 24.00 hours at the time in Thailand on the expiry date of the Insurance Policy.

The end of this Insurance Policy shall in no way prejudice any claims accruing before the end of this Insurance Policy. The fact that the Company has received any premium payment after the end of this Insurance Policy shall not give rise to any liability on the part of the Company, but the Company shall return such premium accordingly.

15 Re-instatement

Should the coverage under this Insurance Policy end due to the insured's failure to pay the premium within the time as specified in the general terms and conditions, Clause 9 Premium Payment and Insurance Commencement, the insured may request to reinstate this Insurance Policy within 90 days from the due date for the premium payment, with the Company's consent. Should the Company give its consent to reinstate this Insurance Policy per the Insured's request, this Insurance Policy shall start to cover any injury or illness that occurs on the date of approval for renewal of this Insurance Policy onwards, and the Company shall not reset the period in the general terms regarding the challenge or objection to the validity of the insurance agreement, the pre-existing condition, and the waiting period.

Should the Company give its consent to reinstate this Insurance Policy, the insured shall pay the premium of this Insurance Policy in proportion to the coverage period from the date of the Company's approval for renewal of this Insurance Policy.

16 Medical History Examination Rights

The Company has the right to examine the historical medical treatment records and diagnosis of the insured to the extent necessary for this Insurance Policy and has the right to conduct an autopsy if it is necessary to the law, at the Company's expenses.

Should the insured not consent the Company's examination of the historical medical treatment records and diagnosis of the insured in support of the consideration and payment of the benefits, the Company reserves the right to decline such claims.

The Company shall be entitled to proceed with a physical examination of the insured who makes a claim for the benefits under this Insurance Policy, including to have an autopsy performed in case of death, subject to the legal restrictions, and the expenses incurred thereby shall be borne by the Company.

Should the insured not consent to the Company's examination of such claim, or not permit the Company to examine the historical medical treatment records or diagnosis, the Company reserves the right to decline to pay the benefits under such claim.

17 Notice and Claim

The insured or the beneficiary or the insured's agent, as the case may be, shall give notice to the Company without delay of such injury or illness on which a claim for the benefits under this Insurance Policy may be based, and in case of death, such notice must be given to the Company immediately, unless it is proven to have any reasonable cause which prevents such notice to be given to the Company as mentioned above, but the notice must have been given as soon as possible.

18 Claim Submission

The insured or the agent of the insured or the beneficiary, as the case may be, shall deliver evidence as necessarily required by the Company to the Company at their own expense, within thirty days (30 days) from the due date as specified in the general terms and conditions in the chapter relating to coverage or insuring agreement or attachments of this Insurance Policy.

Failure to deliver such evidence within such period of time shall not prejudice the right of claim, provided that it is proven that there is a reasonable cause preventing such evidence to be delivered within the specified period, but such evidence must have been delivered as soon as possible.

- 18.1 The insured or the insured's agent, as the case may be, shall deliver the following evidence to the Company at its own expense:
- 18.1.1 Claims form as designated by the Company;
- 18.1.2 Physician's report that describes key symptoms, diagnostic results and medical treatment;
- 18.1.3 Laboratory diagnostic results (if any);
- 18.1.4 Evidence of payment or original receipt (if any) showing the items of expenses or the summary cover sheet and receipt;
- 18.1.5 Other documents as necessarily required by the Company (in case of any inquiries that require additional documents in support of the consideration):
- 18.2 The Company shall receive all evidence or necessary claim documents within 90 days. Failure to deliver such evidence within such period of time shall not prejudice the right of claim, provided that it is proven that there is a reasonable cause preventing such evidence to be delivered within the specified period, but such evidence must have been delivered as soon as possible, and provided that such documents must be delivered to the Company within 365 days from the date the insured has paid the relevant expenses.
- 18.3 Channels for delivery of evidence of claim
- 18.3.1 via April Easy Claim Mobile App;
- 18.3.2 by post to the Company's address, together with the original documents;
- 18.3.3 via e-mail to Claims.th@april.com, including copies of the supporting documents; or
- 18.3.4 via facsimile, together with copies of the supporting documents.
- 18.4 Should the insured make a claim via e-mail, facsimile or April Easy Claim Mobile App, the insured shall keep copies of the original documents at least for 2 years from the date on which the insured delivers such claim, and the original documents must be delivered to the Company upon request or when necessary per the Company's claim advice.

- 18.5 The insured shall fully cooperate with the Company and its authorized agent with respect to any claim. The insured's cooperation may include, but not limited to, provision of the original documents upon request or any consent required by the Company in order to obtain information relating to the insured's claim from any sources, including physician or medical service provider, hospital or medical center, other insurance companies.
- 18.6 Should the Company request cooperation, documents, information, consent to receipt of documents or information which are conditions precedent to the liability, the insured shall cooperate to provide such documents, information or consent so requested at a reasonable time.

19 Proof of Claim and Cooperation

- 19.1 As a condition precedent to liability, all claims for reimbursement must include the following (the "required claim documents"):
- 19.1.1 Receipts and supporting documents showing the breakdown of expenses and the diagnosis of the condition treated;
- 19.1.2 Proof of payment showing the costs have been paid by you
- 19.1.3 A claim form with all relevant sections completed.
- 19.2 All required claim documents must be received by us within 90 days from the date service was rendered. Where it is not reasonably possible to present the required claim documents to us within this period, they must be received by us within 365 days from the date you incurred the expenses.
- 19.3 You must be fully cooperative with us and our appointed agents in connection with any claim. Your cooperation may include, but is not limited to, providing original documents upon request, or providing any consent we reasonably need to obtain information relevant to your claim from any source, including a physician or other medical provider, hospital, or an insurance company.
- 19.4 If we ask for cooperation, documents, information, or consent to obtain documents or information, it shall be a condition precedent to liability that you provide the requested cooperation, document, information, or consent in a timely manner.

20 Process to obtain Pre-authorisation

- 20.1 The following services on the benefits schedule require pre-authorisation:
 - Hospital benefits
 - Surgery performed while a day-patient in a clinic or in a physician's office
- 20.2 Co-payment for pre-authorisation applies when:
- 20.2.1 0% co-payment applies when services have been pre-authorised by us
- 20.2.2 20% co-payment applies for services not pre-authorised by us The co-payment for services that are not pre-authorised will not apply where you can show the service was medically necessary due to an emergency and you contacted us within 24 hours following the admission.
- 20.3 To obtain pre-authorisation, you must submit your request at least 5 working days in advance before admission or treatment.
- 20.4 Upon receiving your request we will review the medical necessity and appropriateness of the requested service and within five working days will notify you of our decision to:
- 20.4.1 Grant pre-approval
- 20.4.2 Deny pre-approval
- 20.4.3 Request further information
- 20.5 Pre-approval may be partly given and partly denied. If within the five days pre-authorisation is not given or denied, or additional information requested, then such service will not be subject to the co-payment applicable to services for which pre-authorisation was not maintained.
- 20.6 If we request further information you are required to provide any additional information we may require. Sections 18.3 and 18.4 of this policy apply.
- 20.7 Pre-authorisation is not a guarantee of benefits or eligibility and all services are subject to benefit limitations and other policy terms. Preauthorisation may be revised or withdrawn if we determine later that the service is not covered or is not medically necessary. If pre-authorisation is given for a particular service, that pre-authorisation applies only to that service and further pre-authorisation must be obtained for other services even if related to the same disability.
- 20.8 If an extension of the length of stay is necessary, you must contact us before the pre-approved length of stay finishes. If you fail to do so any services rendered after the end of the planned admission period will be subject to the co-payment for services for which pre-authorisation was not obtained.
- 20.9 If pre-authorisation is denied you may appeal the decision, and we will make a further determination or request additional information within five days of receiving your appeal. Only one appeal is permitted per service.

21 Claims against third parties or other insurance

- 21.1 As a condition precedent to liability, if another medical or accident insurance covers you for expenses relating to a disability also covered by this policy, we will only be liable for the excess of the amount recoverable from such other source or insurance.
- 21.2 As a condition precedent to liability, if another person or entity may have liability for your expenses, including but not limited to a third party who is responsible for an injury, you must take all steps necessary to secure reimbursement from that other person or entity prior to claiming from April
- 21.3 As a condition precedent to liability you must not negotiate, settle, compromise, release or otherwise discharge any claim you may have against any third party who may have liability relating to your expenses without our prior written agreement. Failure to obtain our prior written agreement will result in us having no liability under this policy for expenses which might have been recoverable from that third party.
- 21.4 In the event of any payment under this policy, we shall be subrogated to your or any insured person's rights of recovery against any other person or entity. We may take proceedings in your name, but at our expense, to recover any amount we pay under this policy. Neither you nor any insured person shall do anything likely to prejudice such recovery, and instead shall take all reasonable steps to assist us in obtaining such recovery.

22 Right of Recovery

If we settle guarantee, or authorise claim costs, including if you obtain treatment through our direct billing network, and we later determine that you were not entitled to that payment/benefit for any reason, we reserve the right to claim the payment back from you.

23 Payment of Benefits

The Company shall pay the benefits and indemnity or service fees at general service rates within fifteen days from the date on which the Company has received complete and accurate evidence of loss or damage. With regard to the benefits and compensation for death, the Company shall pay the same to the beneficiary, while the benefits and indemnity for other cases shall be paid to the insured.

Should there be any reasonable doubt that any claim is made for the Company to pay indemnity under the Insurance Policy as mentioned above is contrary to the insuring agreement in the Insurance Policy, such period may be extended as necessary, but not to exceed ninety days from the date of the Company's receipt of complete documents.

Should the area of coverage abroad be extended, and the insured receive medical treatment outside Thailand under the insuring agreement of this Insurance Policy, the Company shall pay the benefits at the exchange rate applicable on the date of the receipt of such medical treatment.

If the Company is unable to pay the indemnity within the above period, the Company shall pay interest at the rate of fifteen percent per annum on the amount payable from the due date thereof.

24 Change of Policy owner

If this insurance policy is terminated because the insured becomes deceased or from any other causes, the spouse or dependant may request continuation of cover and change the status to be the Insured within 90 days after the policy is terminated.

25 Cancellation of Insurance Policy

The minimum period of insurance is 12 months, and as such, there shall be no refunded if this Insurance Policy is terminated before its expiration date.

26 Arbitration

- 26.1 Should there be any dispute, controversy or claim under this Insurance Policy between the person with the right of claim under the Insurance Policy and the Company, and if the person with the right of claim wishes and considers it appropriate to resolve such dispute by arbitration, the Company agrees to proceed with arbitration under the Office of Insurance Commission's regulations on arbitration.
- 26.2 Should the parties be unable to reach an agreement by arbitration within 30 days after the other party has received notice of arbitration, unless the parties agree to extend such period of time. The arbitrator(s) shall be selected in accordance with the regulations on arbitration of the Office of Insurance Commission (OIC), and may be of the same nationality as that of either party.
- 26.3 The party wishing to proceed with arbitration shall issue a notice of arbitration to the other party, describing the details of such dispute, provided that the notice of arbitration shall be given within the following periods:
- 26.3.1 For any dispute, controversy or claim relating to or in connection with our refusal or failure to pay the compensation: 365 days from the date on which we refuse to transfer the right of claim (or on the date of submission of the application, if such claim is not refused); and
- 26.3.2 For any other dispute, controversy or claim: 365 days from the last day of the period of insurance in which the first event occurs to give rise to dispute, controversy or claim.
- 26.4 The arbitrator(s) shall be empowered to resolve the dispute and render an award which shall be given in writing.
- 26.5 The arbitral award may be entered into any court of competent jurisdiction.

27 Pre-existing Conditions

The Company will not pay any costs for pre-existing conditions i.e. any disease, illness or injury or symptoms (and complications thereof) for which the covered person was treated or knew about which is not completely cured before the commencement date of the first policy, except:

- 27.1 If the covered person has declared such conditions on the application form and the Company has agreed to cover them without any endorsement to exclude such pre-existing condition, or
- 27.2 After 3 years from the first policy commencement date, the Company cannot refuse to pay any claims for pre-existing conditions if such disease, illness or injury or symptoms and complications thereof do not manifest itself, treatment, diagnosis, or consultation by a physician during 5 years prior to the policy's first inception date.

28 Waiting Periods

- 28.1 Cover for the following benefits and disabilities will commence after an insured person has been covered for the following time periods after the first day of the period of insurance in respect of an insured person:
- 28.1.1 Maternity Benefits: 366 days prior to the date of service
- 28.1.2 Newborn Additions: 366 days prior to the date of birth
- 28.1.3 Major dental treatment: 300 days prior to the date of service
- 28.1.4 HIV/AIDS: Three years prior to your first positive HIV test result, or the date you received any treatment for HIV/AIDS (or following possible exposure to the virus), whichever is later.
- 28.2 If you have changed the cover for an insured person after the start of the first period of insurance, the benefits for any disability or service subject to a waiting period will be those shown on the benefit schedule for that disability or service on the first day of the waiting period, or those shown on the current benefits schedule, whichever is less.

29 Newborn Additions

- 29.1 A newborn infant born to a mother who has been covered under the policy for the period stated in clause 28 may be added to the policy from birth without any medical underwriting as long as the newborn infant was not born following assisted conception.
- 29.1.1 You must provide us with a Newborn Additions Form within 28 days of birth of the newborn infant so that we can add the child to the policy. The premium for the newborn infant must be paid according to clause 9.
- 29.1.2 Your child's cover will match the cover provided to the mother of the child on the first day of the twelve month period preceding the child's birth, excluding any optional cover chosen for Maternity Benefits or Dental/Optical Benefits. Cover for neonatal disabilities will be limited to the neonatal disabilities limit shown on the benefit schedule.

- 29.2 A child not meeting the criteria under 29.1 must be added by Medical Questionnaire, including any child:
- 29.2.1 Whose mother has not been covered under the policy for 366 consecutive days;
- 29.2.2 When a Newborn Addition Form was not received by us within 28 days following birth
- 29.2.3 That was adopted or was carried by a surrogate
- 29.2.4 Who was born following assisted conception.
- 29.3 Our underwriting process will apply to an addition under clause 29.2, and we may decline cover or may offer cover based on our terms. The cover must be equal to the cover provided to the mother excluding any optional Maternity Benefits or Dental and Optical Benefits.

30 Material Changes

- 30.1 Any amendment of this Insurance Policy shall be valid only when the Company approves to such amendment, in which case, the Company shall issue a memorandum of amendment of the Insurance Policy or issue an attachment or endorsement of the Insurance Policy, as the case may be, to the insured.
- 30.2 Material changes
- 30.2.1 in order to comply with the conditions precedent to the liability, the insured shall give notice to the Company as soon as possible of any change in the insured's name, the insured's country of passport or nationality or the insured's country of residence. In the absence of any such notice, the Company shall not be held liable under this Insurance Policy for any expenses incurred after the date of such change.
- 30.2.2 The insured shall give notice to the Company as soon as possible of any change in residential or contact address, and until receipt of such notice, we may still send any communication to the address last known to the Company.
- 30.2.3 And shall not be held liable should the insured did not receive any reply.

31 Fraud or Non-Disclosure of Information

- 31.1 The Company may cancel the Insured's policy and return the premium to the insured under the terms of the Insurance Policy if:
- 31.1 The Insured provided the Company with false information or fails to disclose certain information to the Company in the insurance application, or any statements or distortion of the truth or non-disclosure of information constitute a fraud in the insurance application; or
- 31.1.2 Any claim made is a fraud or should the insured commit any fraud or use any advice or person to act on behalf of the insured or a third party to apply for the benefits under this Insurance Policy.
- 31.2 Should this Insurance Policy be cancelled after the Company has received any claim for compensation or after the Company has committed to make payments to the service provider, any payment or commitment, once cancelled, shall be refunded by the insured to the Company upon cancellation of the Insurance Policy.
- 31.3 The Company reserves the right to reconsider its underwriting should any claim regarding the pre-existing condition which has not been stated in the application for insurance.

32 Precedent Condition

The Company shall not be liable to compensate the covered person or other persons under this insurance policy unless the Insured, the Beneficiary or the Covered Person's representatives have complied with the insurance contract and the conditions of this policy.

33 Currency

Premium and any benefit under this policy will be paid in Thai Baht.

34 Law

This policy is governed under the Thai law.

35 Return of Membership Card

Where this insurance terminates for any reason the covered person must, within 30 days from the date of termination, return the membership card issued by the company for this insurance. If it is found that after the termination of this insurance policy, the membership card is used for any medical treatment and expenses are incurred, the covered person shall bear those costs at their own expense.

III GENERAL EXCLUSIONS

- 1. Pre-existing conditions and any related, associated or consequential disabilities which were not disclosed to us before the period of insurance and which we have not been agreed in writing by us to cover under this policy. This exclusion applies only to fully underwritten policies.
- 2. Any pre-existing or related medical condition which occurred or was treated within a 24-month period prior to your effective date or has one of the following characteristics will be excluded from cover:
 - Was foreseeable
 - Clearly presented itself
 - > You have had signs/symptoms or you were already aware of the condition
 - > You have received treatment for or sought medical advice on the condition or a related condition (including medical check-ups)
 - > To the best of your knowledge you were aware you had
 - > Requires monitoring according to medical advice or opinion
- 2.1 Any pre-existing medical condition or related medical condition may be covered after you have had 24 months' continuous cover under the plan and within that time you have not experienced signs or symptoms; asked for advice (including medical checkups); or required or received treatment, medication, monitoring, or a special diet.
- 2.2 If within a 24-month period following your effective date, in relation to a pre-existing condition you have experienced signs or symptoms; asked for advice (including medical checkups); or needed or received treatment, medication, monitoring or a special diet; then you will have to wait until you have completed a continuous 24-month period when none of these apply to you. Such pre-existing medical conditions or related medical conditions may then be covered.
- 2.3 This exclusion only applies to moratorium policies.
- 3. All expenses which are:
- 3.1 Unreasonable and uncustomary
- 3.2 Incurred for a physician's medical certificate or such arrangement fees as fees for claim preparation or medical registration.
- 3.3 Incurred outside the period of insurance or any period while the premium has not yet been duly paid.
- 3.4 The costs of medication or medical service incurred after the end of the period of insurance; or
- 3.5 Services performed or any items distributed by the insured, his/her parents, offspring or any unit in which the insured's parents or offspring is a staff member, director or has more than 1% of beneficiary ownership.
- 4. Treatment, care, or diagnosis without medical necessity.
- 5. Treatment, which is not prescribed by the insured's primary physician, unless otherwise specified in the benefits schedule.
- 6. Treatment under any insurance or source of compensation for damages other than this Insurance Policy
- 7. Treatment or cosmetic surgery or any cosmetic related complications, consequences
- 8. Experimental treatment
- 9. Preventive treatment
- 10. Reconstructive surgery except when required as a direct result of a disability covered under this policy
- 11. Dandruff, complications regarding hair loss, weight control pregnancy or childbirth, complications of pregnancy following assisted conception, other than services claimed under Maternity Benefits or Routine Outpatient Maternity when specifically provided on the benefit schedule
- 12. Venereal disease and sexually transmitted diseases
- 13. All investigations, treatments or preventions to relieve symptoms possibly related to ageing, premenopausal or menopause. Investigations or treatment for sexual dysfunction or sexual transformation
- 14. Assisted conception, contraception, sterilisation, fertility/infertility, prior history of miscarriages, hypogonadism or testosterone deficiency, sexual dysfunction, or abortions other than for therapeutic reasons
- 15. Pregnancy or childbirth other than such coverage of complications of pregnancy or such benefits for pregnancy as shown on your benefit schedule.
- 16. Congenital and hereditary conditions other than services claimed under the Congenital and Hereditary Conditions benefit when specifically provided on the benefit schedule
- 17. Terminal illness other than as provided under the hospice or palliative treatment benefit as shown on your benefit schedule
- 18. Routine physical examinations or medical check-ups.
- 19. Hospital inpatient treatment for convalescence, rehabilitation, supervision or which in the opinion of our medical advisor, could be treated as an outpatient
- 20. All investigations and treatments relating to eyesight or LASIK surgery
- 21. Contact lens, glasses frames, sunglasses, short- or long-sighted eye testing, and treatment relating to visual impairment due to refractive system (applicable only when Optical benefits are available under the policy)
- 22. Defibrillator, Pacemaker or any external prosthetics, medical equipment such as oxygen tank, mask, hearing aid other than surgical implants, external prosthesis or medical appliances shown on the benefit schedule as covered by the policy
- 23. Special nurse fee
- 24. Medicine, treatment and any investigations that are not related to the diagnosis, or do not relate to sign and symptoms stated on the medical certificate.
- 25. Services rendered by a dentist other than services claimed under Dental Benefits where specifically provided on the benefit schedule
- 26. Orthodontic treatment that is commenced after the age of 16 (applicable only when Dental benefits are covered under the policy)
- 27. Any dental examination and treatment for cosmetics purposes, e.g., tooth bleaching, abnormal tooth whitening, treatment of a gap between teeth

- 28. Gold-foil crown, crown jacket, inlay, onlay, or dental treatment which involves precious stone (applicable only when Dental benefits are covered under the policy)
- 29. All treatments or therapy related to drug addiction, smoking, alcoholism, or use of any psychoactive substances
- 30. Behavioral and personality disorders, attention deficit disorders, autism, ADHD, stress, eating disorders
- 31. Outpatient treatment of mental and nervous conditions other than services claimed under the Outpatient Psychiatric benefit where specifically detailed on the benefit schedule
- 32. Any experimental investigations, treatments, and all medical expenses related to obstructive sleep apnea, sleeping disorders and snoring
- 33. Any inoculations and vaccinations other than services claimed under the vaccination benefit where specifically detailed on the benefit schedule
- 34. Any treatment which is not considered as standard modern medical treatment other than services claimed under the Complementary Medicine and Traditional Chinese Medicine section of the benefit schedule
- 35. Any medical treatment given by a medical practitioner who is the covered person himself/herself, the parent, spouse, child, or family members of the covered person.
- 36. Suicide, self-inflicted injury, illness or any related attempt whether self-inflicted or agreed with other persons even though the covered person has full consciousness or has mental disorders including those accidentally caused by any chemical or toxin substances intake or medicines overdose
- 37. Any loss or injury arising from the action of the covered person whilst under the influence of alcohol, addictive or psychoactive drugs, narcotic drugs to the extent of being unable to properly control one's mind.
- 37.1 The term "under the influence of alcohol" in the event of a blood test refers to a blood/alcohol level of 150 mg percent and over
- 38. Injury arising from the insured's own act: while under the influence of drugs or narcotics and incapable of staying conscious.
- Injury arising from the insured's own act: while under the influence of liquor and incapable of staying conscious, in the absence of any measurement or blood alcohol content testing.
- 40. While the covered person is engaging in a brawl / fight or taking part in initiating and/ or inciting a brawl/ fight
- 41. While the covered person is committing a felony or while the covered person is being arrested, under arrest or escaping arrest
- 42. Any loss or injury arising from the actions of the covered person involved in car racing or boat racing, horse racing, playing or racing all kinds of skiing including jet ski, skating, boxing, parachuting (except for life saving situations), boarding or traveling in a hot air balloon, gliding, bungee jumping, diving with air tanks and underwater breathing equipment,
- 43. Any loss or injury arising whilst boarding, leaving or traveling as a passenger in an aircraft which does not have a license for carriage of passengers, and does not operate as a commercial airline.
- 44. Any loss or injury arising whilst the covered person is enroute in a commercial airline or whilst serving as a crew member in any aircraft,
- 45. Disability that was caused while serving as member of a police force or military unit of any country or international agency, or due to involvement in any war, civil war, invasion, riot, revolution, military, or usurped power, acts of known or suspected terrorist, or any illegal acts, use of nuclear, chemical, or biological weapons of mass destruction.
- 46. War, invasion, acts on foreign enemies, war-like acts whether declared or not, civil war, revolution, insurrection, civil commotion, population rising against the government, riot, and strikes
- 47. Terrorism arising from any act involving force or violence and/or threat by any person or group of persons, undertaken whether solely or on behalf of others or relating to any organization or government, for political, religious, any cult's impact or similar purposes, including such intention to render any government and/or public or any part of the public to be threatened thereby.
- 48. Nuclear weapons, radiation or radio activity from any nuclear fuel or waste arising from the combustion of nuclear fuel and self-sustaining process of nuclear fusion,
- 49. Disability due to exposure to ionizing radiation or contamination by radio-activity of all kinds.
- 50. Vitamins, nutritional supplements, chelation therapy, bio resonance therapy or diagnosis, or colonic hydrotherapy
- 51. Services by a Psychologist or Counsellor
- 52. Elective caesarean section prior to the 38th week of pregnancy.
- 53. The cost of purchasing an organ for transplantation
- 54. Stem Cell Treatment
- 55. Any services provided while the insured is imprisoned in jail or prison, including respite foster home or similar facility, or while serving as a patient in any mental health institution.
- 56. Home visits, delivery of medicine or other items, any services rendered at a person's home, office, hotel room, or similar place
- 57. Services or treatment whilst a bed patient at any facility that is not a hospital, including an institution such as an intermediate care facility or nursing home
- 58. Custodial or maintenance care or palliative care
- 59. Travel expenses incurred for medical treatment other than medical emergency evacuation approved in advance by the Company or approved by the emergency response team.
- 60. Treatment outside your area of cover as stated on your benefits schedule except to the extent Out of Area Cover is provided for in your benefits schedule

IV INSURING AGREEMENT

While this policy is in force and subject to the General Conditions, Insuring Agreements, Exclusions, and attached Endorsements of this insurance policy, if the covered person sustains injury from an accident or suffers from an illness after the waiting period resulting him/her to require medical care, the Company will pay for the customary and reasonable medical charges according to the medical necessity. The amount to be compensated is the actual expenses paid up to the maximum limit of benefit as stated in the Schedule in accordance with the attached insuring agreement.

HOSPITAL AND SURGERY

While the policy is still in force, if the Covered Person sustains injury from an accident or suffers from illness after the waiting period, which results in hospitalization, the Company will pay for the general service rate that are considered medically necessary and of standard of medical practice. The company will pay the eligible amount of charges incurred or the applicable amount specified in the schedule whichever is the smaller. The amount of benefit paid with respect to each disability shall not be more than the amount specified in the Schedule.

1.1 Hospital Expenses

In the event of a covered person requiring hospitalization as an inpatient in a hospital, the Company will pay the eligible amount of charges incurred or the applicable amount specific in the benefits schedule, whichever is smaller, while the covered person remains hospitalised

e.

f.

q.

h.

i.

Surgical implants

Professional fees

Diagnostic scans and tests

Rental of mobility aids

- a. Hospital room and board
- b. Intensive care unit
- c. Theatre fees

In the event of a covered disability requiring surgery, theatre fees will pay for general fees required by the operating theatre, including equipment and room rental, and general support staff costs.

d. Blood, dressings, medicines and drugs The costs of administration and supply of blood, medicines and drugs.

1.2 Pre-hospitalisation Benefits

In the event of a covered confinement in hospital for a covered disability, the following expenses will be covered up to the limit stated on the benefit schedule for the following services received prior to admission to hospital:

- a. Physician consultation fees
- b. Diagnostic scans and tests
- Limitations:
- This benefit is not payable if the stay in hospital is less than 18 hours
- Expenses paid as post-hospitalisation benefits must be directly related to the disability that required confinement.

1.3 Post-hospitalisation Benefits

In the event of a covered confinement in hospital for a covered disability, the following expenses will be covered up to the limit stated on the benefits schedule for the following services received after discharge:

- a. Physician consultation fees
- b. Diagnostic scans and tests
- c. Medicines and drugs
- Limitations:
- This benefit is not payable if the stay in hospital is less than 18 hours
- Expenses paid as post-hospitalisation benefits must be directly related to the disability that required confinement.

1.4 Organ Transplantation

In the event of a covered person requiring an organ transplantation, benefits and limits payable will be as per those listed in the Hospital Benefits, Pre-hospitalisation benefits and Post-hospitalisation benefits sections of the benefit schedule. In addition to these benefit items, direct costs for surgery to remove an organ for transplant from a donor will be paid. Benefits limits available for Donor Expenses will also be limited to those as listed in the Hospital Benefits, Pre-hospitalisation Benefits and Post-hospitalisation Benefits sections of the benefits schedule, up to the limit stated on the benefit schedule for Donor expenses.

Limitations:

- Human Organs Only
- Cornea, kidney, heart, liver, lung, or bone marrow only

1.5 Private Nursing and Home Nursing

Private Nursing and Home Nursing provides additional nursing services to a covered person in the event of a covered disability and upon the recommendation of a physician.

- a. Private Nursing in hospital when certified necessary by attending physician
- The cost of paying for an additional nurse to attend exclusively to the needs of the covered person while in hospital

c. Medicines and drugs used as a direct consequence of the disability which led to confinement

The cost of surgical implants required during a surgery

Hospital treatment of mental and nervous conditions

- d. Physiotherapy, rental of mobility aids ordered/prescribed by a physician following confinement and used as a direct consequence of the disability which led to confinement.

Specific Exclusions:

The cost of purchasing an organ for transplantation

c. Home Nursing prescribed by an attending physician: The cost of

paying for a nurse to attend to the covered person in their home,

while still suffering from or in recovery from a covered disability

1.6 External Prostheses

If the covered person requires a prosthesis due to a covered disability and upon the recommendation of a physician, the following aspects of treatment will be covered:

- a. Cost of purchase of external prostheses
- b. Any services relating to selection, fitting or repair

Limitations:

 No other section of the benefit schedule covers costs relating to external prosthesis

Exclusions:

 Defibrillator, Pacemaker, any external prosthetics, medical equipment such as oxygen tank, mask, hearing aid other than surgical implants, external prosthesis or medical appliances shown on the benefit schedule as covered by the policy

1.7 Surgery performed whilst a day-patient, in a clinic, or in a physician's office

Within the Hospital and Surgery Module, surgery as defined within the policy, is covered in any setting. Inpatient surgery benefits are available under the Hospital Benefits section. Surgery costs while not admitted to hospital are covered as per the following:

- a. Professional Fees for surgery and one post-surgical follow up (further follow ups will be covered under the outpatient module if available to the covered person)
- b. Hospital room and board on day of surgery
- c. Theatre fees

- d. Dressings: cost of the dressings and administration of the dressings
- e. Medicines and Drugs: cost of the drug and administration of the drug
- f. Patholoav Fees
- g. Surgical Implants

Limitations:

This benefit does not cover the following unless Outpatient Benefits are purchased: Laryngoscopy, Nasopharyngoscopy, Otoscopy; any surgery on the skin and subcutaneous tissue for illness other than surgery following a confirmed diagnosis of cancer.

1.8 Cancer Treatment

Following a diagnosis of cancer, this benefit covers the following items :

- a. Hospital Treatment of Cancer: As per the benefits listed in the Hospital Benefits section
- b. Outpatient treatment of Cancer: Specialist consultations; diagnostic scans and tests; medicines and drugs; chemotherapy and radiotherapy related to active cancer treatment

1.9 Kidney Dialysis

In the event of a covered person requiring kidney dialysis for a covered disability, this benefit covers dialysis received while admitted to hospital as an inpatient or out of hospital

1.10 HIV/AIDS

Following a confirmed diagnosis of HIV/AIDS, the following services are covered on an inpatient and outpatient basis subject to the overall lifetime limit stated on the benefits schedule:

- a. General Practitioner and Specialist fees
- b. Antiretroviral treatment
- c. Treatment of primary HIV

Limitations:

No other benefit provides cover for HIV/AIDS

- d. Testing and monitoring
- e. Treatment of AIDS

Waiting Period:

 HIV/AIDS: Three years prior to your first positive HIV test result, or the date you received any treatment for HIV/AIDS (or following possible exposure to the virus), whichever is later.

1.11 Emergency Room Treatment

Emergency Room Treatment for covered disabilities, for treatment in the emergency department of a hospital, are covered, including:

a. Physician consultation fees

b. Diagnostic scans and tests and pathology

c. Medication

Limitations:

> Treatment must be for an emergency condition, where delay in seeking treatment will lead to life changing consequences

1.12 Emergency Dental Treatment

In the event of an accident and to the mouth area, leading to damage of teeth, Emergency Dental Treatment provides services to repair damage and relieve pain.:

- a. Surgery fees from a physician or dental surgeon
- b. Medication

Limitations:

- Must be to repair damage to sound natural teeth, and not to repair damage to pre-existing dental work, including but not limited to crowns, fillings, dental implants or root canals
- Treatment must be carried out within 14 days of accident
- c. Diagnostic Scans and Tests
- d. Theatre Fees

Exclusions:

• Emergency Dental Treatment related directly or indirectly to biting, chewing or teeth grinding

1.13 Local Transport By Ambulance

In the event of a covered person requiring local transport by road ambulance, and upon the recommendation of a physician, the following costs will be covered by this benefit:

- a. Fee for use of ambulance
- b. Associated ambulance staff costs

1.14 Hospice or Palliative Treatment

If a covered person is deemed by a physician to have entered the final stages of life, with no possibility of cure, Hospice or Palliative care provides cover for all costs associated with this stage of medical treatment, up to the overall lifetime limit stated on the benefit schedule:

- a. Physician Fees
- b. Hospital Expenses
- Hospice costs, including accommodation, nursing fees, room C. and board or counselling

Limitations:

No other benefits cover palliative care

1.15 Special limits applying to certain disabilities

This section of the benefits outlines per disability and/or per period of insurance and/or lifetime limits for the stated disabilities. Cover for these disabilities is provided up to the limits stated on the schedule. Benefits provided for these disabilities are as per the detailed limits stated elsewhere on the benefits schedule of the covered person. If the covered person has selected Hospital and Surgery module only, then the cover will be provided as per the benefits listed in the Hospital and Surgery section. If Outpatient is also selected, then benefits will be provided as per the limits stated in the Hospital and Surgery AND Outpatient Benefits items.

The disabilities concerned are as follows:

- a. Complications of Pregnancy
- b. **Congenital Conditions**

Neonatal disabilities limitations and guide

All benefits stated on the schedule (subject to the parent's plan choice) are eligible for settlement of neonatal disabilities, subject to the overall lifetime limit stated for neonatal disabilities

Special conditions for this coverage :

This benefit is only available to children who are born during the policy year and subject to the following terms :

1.16 Newborn Additions

A newborn infant born to a parent who has been covered under the policy for the period stated in section 27 may be added to the policy from birth without medical underwriting as long as the newborn infant was not born following assisted conception.

A Newborn Addition Form must be completed and submitted within 28 days of birth of the newborn infant so that we can add the child to the policy. The premium for the newborn infant must be paid.

The child's cover will match the cover that was provided to the parent on the first day of the twelve month period preceding the child's birth, excluding any optional cover chosen for Maternity Benefits or Dental and/or Optical Benefits. Cover for neonatal disabilities will be limited to the neonatal disabilities limit shown on the benefits schedule.

The following instances of adding newborn children require medical underwriting:

- a. When the parent has not been covered under the policy for 366 consecutive days
- b. For whom a Newborn Addition Form was not received by us within 28 days following birth

Standard underwriting will apply in such situations, and cover may be declined or offered with any required terms deemed appropriate. The cover must be equal to the cover provided to the parent excluding any optional Maternity Benefits or Dental and/or Optical Benefits.

Limitations:

- Children who do not meet the requirements as described above are not eligible for the neonatal disabilities benefit and must be added by the completion of a medical questionnaire.
- The maximum benefit payable for neonatal disabilities is stated on the schedule and no other limit provides such cover.

d. Palliative medications

e. Diagnostic scans and tests

Waiting Period:

d. Born following assisted conception

A parent must be insured for at least one-year prior tot the child's birth

c. When a child has been adopted or was carried by a surrogate

Neonatal Disabilities C.

2 OUTPATIENT BENEFITS

The Outpatient Benefits section provides covered persons with benefits to be administered whilst an outpatient, not while admitted to hospital.

2.1 Annual Limit for Outpatient Benefits

The limit stated in this benefit schedule is the overall combined annual limit for all benefits listed in the Outpatient Benefits section of the benefit schedule.

2.2 General Practitioner and Specialist Consultation Fees

The benefits listed here will cover consultation fees with outpatient physicians and physiotherapists.

a. Physician consultation fees c. Physiotherapy b. Specialist Fees

Limitations:

- > Psychiatrists are not covered under this section. Psychiatric services are covered only under the Outpatient Psychiatric benefit
- A referral is required for physiotherapy

2.3 Outpatient Psychiatric Benefit

In the event of a diagnosis of a mental and nervous disorder, the insured is covered up to the benefit limits stated in this section of the schedule. All of the following items may be provided/prescribed by a Psychiatrist, Specialist, or General Practitioner, as long as a mental or nervous condition is being treated.

- a. Physician consultation fees
- b. Diagnostic scans and tests

Limitations:

- > No other benefits on the benefit schedule provide Outpatient cover for mental or nervous conditions
- c. Medications prescribed by an attending physician

Exclusions:

Outpatient treatment of mental and nervous conditions other than services claimed under the Outpatient Psychiatric benefit where specifically provided on the benefits schedule

2.4 Medications

Medications prescribed by a physician for covered disabilities are covered under this benefit.

- Limitations:
- A prescription must be required for purchase

2.5 Diagnostic Scans and Tests

Diagnostic scans, tests, pathology and lab work on an outpatient basis for covered disabilities are covered under this benefit.

2.6 Medical Appliances and Mobility Aids

Medical devices and durable medical equipment is covered under this benefit when relating to covered disabilities and as per the limitations shown in the benefit schedule.

a. Purchase or rental of mobility aids c. Rental of medical appliances b. Slings and bandages d. Purchase of medical appliances Limitations: **Exclusions:** A maximum of two mobility aids per disability are allowed per Defibrillator or Pacemaker or any external prosthetics, medical policy year equipment such as oxygen tank, mask, hearing aid other than Items not listed in the definition are not covered surgical implants, external prosthesis or medical appliances Þ shown on the benefits schedule as covered by the policy

2.7 Complementary Medicine and Traditional Chinese Medicine

This section of the benefits schedule provides cover for the listed practitioners for alternative/non-allopathic treatment of eligible disabilities.

- a. Combined Limit for all benefits in Complementary Medicine and Traditional Chinese Medicine section: The overall annual maximum combined for all services listed in this section
- b. Physiotherapy without referral from attending physician
- c. Consultation Fees for following Complementary Medicine practitioners: Chiropractor, dietician, homeopath, osteopath, podiatrist, speech therapist.
- Consultation fees and medicine/ consumables dispensed d. d. or used by the following practitioners during the course of treatment: Acupuncturist, bone setter
- e. Chinese medicine practitioner

Limitations:

- GP referral is required for Chiropractor, dietician, homeopath, osteopath, podiatrist, speech therapist
- Only one consultation per day allowed for Acupuncturist, bone setter, Chinese Medicine Practitioner

2.8 Follow up Cancer Care

If following the completion of active cancer treatment, a physician recommends preventive medication in order to prevent another occurrence of cancer, this benefit shall cover the specialist consultations and associated medication costs.

Limitations:

- > This benefit is only included if the covered person has selected Outpatient Benefits
- > This benefit is not included under the Hospital and Surgery Cancer Treatment benefit

2.9 Medical Check up and Vaccinations

All items in the benefits schedule require a diagnosis, to treat a disability, this is the only benefit where an exception is made and no diagnosis/ disability is required. Medical Check up and Vaccinations are covered up to the items stated in this section of the benefits schedule:

- a. Medical Check up: Diagnostic check of body function and system in order to check the status of the body, in the absence of a diagnosis. Check up can either be in the form of a check-up package or standalone medical/diagnostic test.
- b. Vaccinations: any form of inoculation for the prevention of disease.

3 DENTAL AND OPTICAL MODULE

The Dental and Optical Module provides cover for services provided by a Dentist/ Optician and the cost of purchasing lenses and testing for refractive defects of the eye.

a. Minor Dental Treatmentb. Major Dental Treatment	c. Eye examinations, prescription lenses, and prescription contact lenses
 Limitations: Orthodontic treatment must be commenced before the attained age of 16. No other sections of the benefits schedule provides treatment provided by a dentist, except for the Emergency Dental Treatment 	 Waiting Periods: Major Dental Treatment: 10 months

4 MATERNITY MODULE

benefit.

The maternity module provides cover for pre-natal, post-natal and delivery of babies. Cover is provided up to the stated per pregnancy limit.

4.1 Pre or Post-natal Services

Physician consultation fees, diagnostic scans and tests, medicines and drugs, vitamins and supplements.

4.2 Delivery

Including elective and emergency caesarean sections and up to seven (7) days of nursery care.

4.3 Complications of pregnancy

Following assisted conception.

4.4 Therapeutic abortions

Limitations:

- No other section of the benefit schedule provides cover for pre, post-natal and childbirth
- The Maternity Module must be purchased and renewed in order to cover the pregnancy and cover the waiting period.
- Elective and non-elective caesarean section are covered under this benefit

Exclusions:

- Dandruff, complications regarding hair loss, weight control Pregnancy or childbirth, or complications of pregnancy following assisted conception, other than services claimed under Maternity Benefits or Routine Outpatient Maternity where specifically provided on the benefits schedule
- Elective caesarean section prior to the 38th week of pregnancy.

Waiting Period:

One year from the date of purchase of the Maternity Module

Underwritten by:

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